



ATHENIAN GRILL

AUTHENTIC GREEK CUISINE

Week 1

FEBRUARY 3-9

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Ingredient Lunch	<ul style="list-style-type: none"> Maple Dijon Roasted Chicken Sautéed Brussels Sprouts with Bacon and Cheese Wild Rice 	<ul style="list-style-type: none"> BBQ Pulled Pork Mac & Cheese Southern Green Beans 	<ul style="list-style-type: none"> Rotisserie Chicken Mashed Potatoes Roasted Carrots 	<ul style="list-style-type: none"> Shrimp Scampi Linguine Pasta Grilled Green Beans 	<ul style="list-style-type: none"> Fried Chicken Mac & Cheese Green Beans 	<ul style="list-style-type: none"> Beef Bourguignon with Bacon Mushrooms Celeriac Puree Roasted Brussels Sprouts 	<ul style="list-style-type: none"> Cavatappi Rosemary Chicken Ragout and Spinach Leaf Roasted Baby Carrots
The Root Lunch (Vegan)	<ul style="list-style-type: none"> Vegan Kebabs Roasted Potatoes Green Peas and Carrots 	<ul style="list-style-type: none"> Vegan Koofteh with Turmeric Tomato Sauce Split Peas Puree Baby Carrots 	<ul style="list-style-type: none"> Baked Eggplant Rice Vegan Szechuan Beef 	<ul style="list-style-type: none"> Asian Garlic Tofu Stir Fry Veggies Rice 	<ul style="list-style-type: none"> Vegan Creamy Mushroom Stroganoff Rice 	<ul style="list-style-type: none"> Moroccan Vegan Stew and Mushrooms Roasted Potatoes 	<ul style="list-style-type: none"> Pad Kee Mao Tofu with Fresh Basil Aromatic Asian Rice
Main Ingredient Salad	<ul style="list-style-type: none"> House Salad Rainbow Quinoa Salad 	<ul style="list-style-type: none"> House Salad Politiki Salad 	<ul style="list-style-type: none"> House Salad Caprese Pasta Salad 	<ul style="list-style-type: none"> House Salad Lentils Salad 	<ul style="list-style-type: none"> House Salad Rotini Pasta Salad 	<ul style="list-style-type: none"> House Salad Caesar's Salad 	<ul style="list-style-type: none"> House Salad Dill Green Salad
Southwest Corner Hot	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos
Southwest Corner Cold	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese
Comfort Dinner	<ul style="list-style-type: none"> Penne Veggies Primavera Sauce Julianne Roasted Chicken 	<ul style="list-style-type: none"> Chicken and Sweet-Sour Sauce Fried Rice Stir Fried Rice 	<ul style="list-style-type: none"> Southern Beef Stew Roasted Potatoes Turmeric Roasted Cauliflower 	<ul style="list-style-type: none"> Penne Pasta Meat Sauce Alfredo Sauce Italian Green Beans 	<ul style="list-style-type: none"> Pork Stew with Lemon Sauce Italian Veggies Mashed Potatoes 	<ul style="list-style-type: none"> Chicken Al Vodka Sauce Penne Roasted Cauliflower 	<ul style="list-style-type: none"> Roasted Beef Mac & Cheese Country Green Beans
The Root Dinner (Vegan)	<ul style="list-style-type: none"> Vegan Tagliata Steak with Onion & Peppers Rice 	<ul style="list-style-type: none"> Nachos with Vegan Beef on Crispy Tortillas Vegan Cheese 	<ul style="list-style-type: none"> Mac & Cheese with Vegan Chicken Breast in BBQ Sauce Italian Green Beans 	<ul style="list-style-type: none"> Vegan Mac-Sausage Casserole Roasted Cauliflower 	<ul style="list-style-type: none"> Orzotto With Veggies Vegan Chicken Nuggets 	<ul style="list-style-type: none"> Baked Rigatoni Pasta Vegan Meat Sauce Brussels Sprouts 	<ul style="list-style-type: none"> Chili Garlic Eggplant Lo Mein Noodles with Black Beans Vegan Crispy Chicken



ATHENIAN GRILL

AUTHENTIC GREEK CUISINE

Week 2

FEBRUARY 10-16

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Ingredient Lunch	<ul style="list-style-type: none"> Chicken Parmesan Spaghetti Roasted Veggies 	<ul style="list-style-type: none"> Ginger Szechuan Beef Buttered Vegetables Rice 	<ul style="list-style-type: none"> Greek Rotisserie Chicken with Lemon Saffron Sauce Mashed Potatoes Green Beans 	<ul style="list-style-type: none"> Thai Curry Chicken Basmati Rice Mixed Veggies 	<ul style="list-style-type: none"> Baked Greek Fish with Tomato Sauce Roasted Potatoes Grilled Baby Carrots 	<ul style="list-style-type: none"> Chicken Al Franzese Egg Noodles Brussels Sprouts 	<ul style="list-style-type: none"> Slow Cooked Beef Roasted Baby Carrots Sticky Rice
The Root Lunch (Vegan)	<ul style="list-style-type: none"> Baked Eggplant Rice Vegan Szechuan Beef 	<ul style="list-style-type: none"> Sanna Mirza's Vegan Yeeros Barberry Rice 	<ul style="list-style-type: none"> Asian Tofu Basmati Rice Stir Fry Vegetables Spring Rolls 	<ul style="list-style-type: none"> Rajas Poblanos with Spinach with Vegan Chicken 	<ul style="list-style-type: none"> Vegan Meat Sauce Burrito Bowl Cilantro Lime Rice Black Beans & Corn 	<ul style="list-style-type: none"> Briam Turkish Vegan Meatballs Rice 	<ul style="list-style-type: none"> Penne with Baby Arugula with Sun Dried Tomatoes Tagliata Vegan Beef
Main Ingredient Salad	<ul style="list-style-type: none"> House Salad East-Med Orecchiette Pasta Salad 	<ul style="list-style-type: none"> House Salad Politiki Salad 	<ul style="list-style-type: none"> House Salad Tricolor Rotini Greek Pasta Salad 	<ul style="list-style-type: none"> House Salad Spring Mix Salad 	<ul style="list-style-type: none"> House Salad Tuscan Pasta Salad 	<ul style="list-style-type: none"> House Salad Baby Arugula Salad 	<ul style="list-style-type: none"> House Salad Chef Salad
Greek Corner Hot	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread
Greek Corner Cold	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Pickled Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans
Comfort Dinner	<ul style="list-style-type: none"> Grilled Pork Loin Indian Rice with Saffron Asian Style Veggies 	<ul style="list-style-type: none"> Grilled Chicken Linguini Pasta Creamy Sage Sauce Roasted Cauliflower with Red & Green Peppers 	<ul style="list-style-type: none"> Salisbury Steak with Mushrooms Sauce Roasted Potatoes Southern Green Beans 	<ul style="list-style-type: none"> Fricassee Pork with Egg/Lemon Sauce Rice Brussels Sprouts 	<ul style="list-style-type: none"> Italian Meatballs in Mushroom Sauce Mashed Potatoes Buttered Vegetables 	<ul style="list-style-type: none"> BBQ Pork Ribs Mac & Cheese Collard Greens 	<ul style="list-style-type: none"> Penne Pasta Milanese Chicken Carbonara with Mushrooms and Bacon Saffron Italian Green Beans
The Root Dinner (Vegan)	<ul style="list-style-type: none"> Carne En su Jugo with Vegan Beef Pinto Beans and Peppers 	<ul style="list-style-type: none"> Ratatouille Vegan Meatballs 	<ul style="list-style-type: none"> Quesadilla Vegan Queso Sauce Mexican Rice Black Beans & Corn 	<ul style="list-style-type: none"> Lebanese Falafel in Pita Ragu veggies Roasted Potatoes 	<ul style="list-style-type: none"> Vegan Beef Burger Grilled Veggies Onion Rings 	<ul style="list-style-type: none"> Garbanzo & Vegetable Stew Rice Pilaf 	<ul style="list-style-type: none"> Sloppy Joe Stuffed Potatoes with Vegan Beef Italian Veggies



ATHENIAN GRILL

AUTHENTIC GREEK CUISINE

Week 3

FEBRUARY 17-23

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Ingredient Lunch	<ul style="list-style-type: none"> Crockpot Chicken with Creamy Cheese Bacon Sauce Mashed Garlic Potatoes Grilled Veggies 	<ul style="list-style-type: none"> Greek Pork Loin Rotisserie Corn on the Cob Grilled Tomatoes with Basil Oil Rice 	<ul style="list-style-type: none"> Oriental Roasted Chicken Turkish Rice Pilaf Roasted Cauliflower with Red & Green Peppers 	<ul style="list-style-type: none"> Roasted Chicken Mac & Cheese Green Beans 	<ul style="list-style-type: none"> Blackened Fish Roasted Brussels Sprouts Red Steamed Potatoes 	<ul style="list-style-type: none"> Greek Beef Stew Rice Pilaf Ragout Green Beans 	<ul style="list-style-type: none"> Cavatappi Rosemary Chicken Ragout with Spinach Leaf Baby Carrots
The Root Lunch (Vegan)	<ul style="list-style-type: none"> Stuffed Tomatoes & Peppers Roasted Potatoes 	<ul style="list-style-type: none"> BBQ Tofu Steak Roasted Vegetables with Olive Oil & Herbs Rice 	<ul style="list-style-type: none"> Vegan Kebabs Mashed Potatoes Steamed Carrots 	<ul style="list-style-type: none"> Vegan Chicken Shawarma Tahini Sauce Israel Cous Cous 	<ul style="list-style-type: none"> Baked Eggplant Rice Szechuan Vegan Beef 	<ul style="list-style-type: none"> Rajma (Indian Bean Dish) Veggie Stew Rice 	<ul style="list-style-type: none"> Ragout Green Beans with Carrots Potatoes Vegan Beef Skewers
Main Ingredient Salad	<ul style="list-style-type: none"> House Salad Lentils Salad 	<ul style="list-style-type: none"> House Salad Caprese Pasta Salad 	<ul style="list-style-type: none"> House Salad Rainbow Quinoa Salad 	<ul style="list-style-type: none"> House Salad Spinach Salad 	<ul style="list-style-type: none"> House Salad Chickpeas Salad 	<ul style="list-style-type: none"> House Salad Caesar's Salad 	<ul style="list-style-type: none"> House Salad Greek Salad
Southwest Corner Hot	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos 	<ul style="list-style-type: none"> Taco Bar Adobo Chicken Beef Taco Black Beans Mexican Rice Queso Nachos
Southwest Corner Cold	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese 	<ul style="list-style-type: none"> Pico de gallo Salsa Diablo Lettuce Corn Salsa Sour Cream Shredded Cheese
Comfort Dinner	<ul style="list-style-type: none"> Spaghetti Salmon Creamy Lemon/Garlic Sauce Grilled Italian Vegetables 	<ul style="list-style-type: none"> Penne Pasta Meat Sauce Alfredo Sauce Garlic Bread Italian Green Beans 	<ul style="list-style-type: none"> Pork Scalopini in a Mushroom Sauce Garlic Mashed Potatoes Green Peas and Carrots 	<ul style="list-style-type: none"> Penne Pasta Vodka Sauce with Grilled Chicken Sautéed Carrots 	<ul style="list-style-type: none"> Chicken Saltimbocca with Bacon and Sage Sauce Penne Pasta Italian Green Beans 	<ul style="list-style-type: none"> Chicken Picatta Roasted Lemon Potatoes Steam Mix Veggies 	<ul style="list-style-type: none"> BBQ Brisket Mac & Cheese Southern Green Beans
The Root Dinner (Vegan)	<ul style="list-style-type: none"> Falafel with Curry Sauce Lemon Rice Green Peas 	<ul style="list-style-type: none"> Vegan Meatballs Marinara Sauce Spaghetti Sautéed Lima Beans 	<ul style="list-style-type: none"> Penne Al Diavolo with Creamy Tomato Sauce Vegan Crispy Chicken 	<ul style="list-style-type: none"> Vegan Yeeros Fajitas Steak, Onions & Peppers Rice 	<ul style="list-style-type: none"> Buffalo Cauliflower Bites Roasted Vegetables Falafel 	<ul style="list-style-type: none"> Vegan Creamy Mushroom Stroganoff Rice 	<ul style="list-style-type: none"> Baked Rigatoni Pasta with Vegan Meat Sauce Brussels Sprouts



ATHENIAN GRILL

AUTHENTIC GREEK CUISINE

Week 4

FEBRUARY 24 - MARCH 2

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Ingredient Lunch	<ul style="list-style-type: none"> Baked Rigatoni Pasta with Meat Sauce Roasted Cauliflower with Herbs and Olive Oil 	<ul style="list-style-type: none"> Rotisserie Pollo a La Brasa with amarillo sauce Rice Baby Carrots 	<ul style="list-style-type: none"> Mongolian Beef Yunnan Pineapple Sticky Rice Basil Pesto Green Beans 	<ul style="list-style-type: none"> Crispy Sesame Chicken Lo Mein Noodles Stir Fry Veggies 	<ul style="list-style-type: none"> Fish and Chips Green Beans Stew Tartar Sauce 	<ul style="list-style-type: none"> Greek Beef Stew Ragu Veggies Mashed Potatoes 	<ul style="list-style-type: none"> Roasted Chicken with Creamy Fennel Sauce Fettucine Brussels Sprouts
The Root Lunch (Vegan)	<ul style="list-style-type: none"> Briam Turkish Vegan Meatballs Rice 	<ul style="list-style-type: none"> Penne Pasta Vegan Chicken in Creamy Pumpkin Sauce Grilled Portobello Mushrooms 	<ul style="list-style-type: none"> Carne En su Jugo with Vegan Beef Pinto Beans and Peppers Rice 	<ul style="list-style-type: none"> Baked Eggplant Rice Szechuan Vegan Beef 	<ul style="list-style-type: none"> Asian Tofu Rice Vegetable Spring Rolls 	<ul style="list-style-type: none"> Sanna Mirza's with Vegan Yeeros Basmati Rice 	<ul style="list-style-type: none"> Pasta in Spaghetti Sauce with Vegan Meatballs Italian Vegetables
Main Ingredient Salad	<ul style="list-style-type: none"> House Salad Spinach Salad 	<ul style="list-style-type: none"> House Salad Royal Cous Cous Salad 	<ul style="list-style-type: none"> House Salad Italian Pasta Salad 	<ul style="list-style-type: none"> House Salad Herbs Salad 	<ul style="list-style-type: none"> House Salad Ziti Pasta 	<ul style="list-style-type: none"> House Salad Spinach Salad 	<ul style="list-style-type: none"> House Salad Pasta Salad
Greek Corner Hot	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread 	<ul style="list-style-type: none"> Greek Gyro Chicken Gyro Rice Pilaf Pita Bread
Greek Corner Cold	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans 	<ul style="list-style-type: none"> Tzatziki Sauce Red Pepper Sauce Lettuce Sliced Onions Tomatoes Marinated Garbanzo Beans
Comfort Dinner	<ul style="list-style-type: none"> Tikka Masala Chicken Basmati Rice Roasted Cauliflower with Red and Green Peppers 	<ul style="list-style-type: none"> Pasta Bar Chicken Alfredo Sauce Marinara Sauce Garlic Bread Italian Green Beans 	<ul style="list-style-type: none"> Roasted Pork Loin Roasted Red Potatoes Corn on the Cob 	<ul style="list-style-type: none"> Penne Pasta Italian Sausage in Marinara Sauce Roasted Cauliflower Garlic Bread 	<ul style="list-style-type: none"> Grilled Chicken Mac & Cheese Baby Carrots 	<ul style="list-style-type: none"> Five Spicy Vietnamese Caramelized Pork Roasted Green Beans with Onions and Red Peppers Roasted Potatoes 	<ul style="list-style-type: none"> Spaghetti Meatballs in Marinara Sauce Roasted Turmeric Cauliflower Garlic Bread
The Root Dinner (Vegan)	<ul style="list-style-type: none"> Pad Kee Mao Tofu with Fresh Basil Aromatic Asia Rice 	<ul style="list-style-type: none"> Vegan Philly Steak Onions and Peppers Roasted Thyme Potatoes 	<ul style="list-style-type: none"> Vegan Kebabs Mashed Potatoes Green Peas and Carrots 	<ul style="list-style-type: none"> Vegan Vegetable Quesadilla Vegan Queso Sauce Mexican Rice Black Beans & Corn 	<ul style="list-style-type: none"> Vegan Chicken Tenders Greek Style Roasted Okra Rice Pilaf 	<ul style="list-style-type: none"> Vegan Beef Lentil Stew Bowl Basmati Rice 	<ul style="list-style-type: none"> Garlic, Ginger, & Lime Marinated Tofu Steak Quinoa and Lima Beans